

COMMUNITY NIGHT

Because every child deserves the tools to succeed!

Michael McLeod

An engaging community night focused on understanding executive functioning and ADHD.

HOSTED BY THAYNE ELEMENTARY

Thursday, April 16th

6:00pm-7:30pm
(Dinner at 5:30pm)

*Limited childcare will be provided



Join national presenter, Michael McLeod, for a practical, research-informed parent session designed to help you understand and strengthen your child's executive function skills—the brain-based abilities that drive independence, self-control, organization, time management, and follow-through. We'll break down why kids and teens struggle (even when they're smart and capable) and what actually works at home to reduce conflict, improve routines, and build real-life skills that stick.

Topics we'll cover include:

- Why "knowing" doesn't translate into "doing" for many kids and teens
- How to build independence without constant reminders and power struggles
- Practical supports for homework, routines, and technology boundaries
- Tools to improve self-regulation, motivation, and follow through

Learn more about GrowNOW's parent training and student coaching at GrowNOWADHD.com.

For reservations contact Cheyanne Wolfley
(307) 885-7112 or cheyanne.wolfley@lcsd2.org